



DEMENTIA SUPPORT

JANUARY 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Bloomsburg Public Library The Exchange Kreisher Marshall and Associates, LLC Care Partner Only	Maria Joseph Manor Shiloh Bible Church Turkey Hill Brewing Co.			1 New Year's Day	2	3
4	5	6 10-11:30am Grief Support 12-2pm Ask a Social Worker	7	8	9	10 10-11am Anticipatory Grief Support
11	12	13 10-11:30am Memory Connections Support Group 10-11:30am Grief Support 12-2pm Ask a Social Worker	14 1:30-2:30pm Crafting at the Exchange	15 11am-12:30pm Lisa's Place Memory Cafe	16	17
18	19 Martin Luther King Jr. Day	20 10-11:30am Grief Support 12-2pm Ask a Social Worker	21 4-5:30pm Purple Plate Dinner	22 6-7pm DFSV Caregiver Support Group	23	24 12:30-2pm Purple Plate Luncheon
25	26 3-4pm Maria Joseph Caregiver Support Group	27 10-11:30am Grief Support 12-2pm Ask a Social Worker	28	29	30	31

More details about these programs are on the back. Please visit bloomsburgpl.org/memory-connections for more information!

Ask a Social Worker at Bloomsburg Public Library 📖
Emily Kahn, MSW, offers a weekly opportunity for community members to receive extra social support at the Bloomsburg Public Library. She is available to provide referrals to community resources, one-on-one meetings to discuss or share life challenges, grief support, and other caring assistance. Visitors can meet with her on a walk-in basis or schedule an appointment with her in advance by calling the Library at 570-784-0883.

Lisa's Place Memory Cafe at Bloomsburg Public Library 🍷
Join us for a welcoming social gathering designed for individuals living with memory loss and their care partners. Enjoy delicious baked goods, a warm cup of coffee or tea, and meaningful time spent together making new friends and trying out new activities. Relax and spend time with people who have experience interacting with people living with memory challenges. Each month offers something new such as engaging activities, creative art projects, and the chance to connect with others who truly understand. Whether you come to participate or simply to relax and enjoy the company, you'll always be among friends and, above all, become a community! We meet on the First Thursday of each month, 11:00 AM-12:30 PM. There is no cost to participate in this program. Registration is required. Space is limited. For more information, please call the Library at 570-784-0883.

Grief Support Group at Bloomsburg Public Library 📖
Emily Kahn, MSW, hosts a weekly Grief Support Group at the Bloomsburg Public Library, where she is the social worker on staff. She has over a decade of experience helping guide people through end-of-life challenges, long-term living goals, and bereavement. This weekly group offers participants the opportunity to remove their "mask" with others who have experienced significant loss and move towards healing together. No registration or appointment necessary. For more information, please call the Library at 570-784-0883.

Memory Connections Support Group at Shiloh Activity Center 🏠
Join Hazley Yeager, Speech-Language Pathologist and Certified Dementia Practitioner, at this welcoming group for care partners and those living with memory loss. While individuals with memory loss participate in activities with supportive, trained volunteers, their care partners receive guidance, connection, and support. The group meets on the second Tuesday of each month from 10:00-11:30 AM. Advance registration is required. To register, please contact Brighter Pathways Speech & Cognitive Services at 570-979-1199.



Purple Plate Dinners & Luncheons at Turkey Hill Brewing Co. 🍷
On the third Wednesday and fourth Saturday of each month, Turkey Hill Brewing Co.'s downstairs area becomes a welcoming, supportive space for individuals living with dementia and their families and friends. These dementia-friendly meals create an inclusive atmosphere, strengthen community connections, and provide care partners with a stress-free dining experience. Guests can relax, socialize, and enjoy a meal while staff ensure everyone feels understood and supported. To register, please contact Brighter Pathways Speech & Cognitive Services at 570-979-1199. Space is limited.

DFSV Caregiver Support Group at KMA 🏢
Dementia Friendly Susquehanna Valley in partnership with the Alzheimer's Association offers a monthly caregiver support group. It is typically the 4th Thursday evening of each month at 6 pm in the Kreisher Marshall & Associates building on the corner of 4th and Market Street in Bloomsburg; however, the schedule will be adjusted as needed depending on conflicting events such as holidays. This group provides a time for caregivers to share what they are going through and cultivates a supportive atmosphere. We also schedule relevant guest speakers from time to time to provide current resources and education. All are welcome. To register, please call Elaine Spicher at 570-784-5211.

Caregiver Support Group at Maria Joseph Manor 🏠
Our group aims to provide emotional support, practical advice, and educational resources to help caregivers navigate the complexities of dementia care. Our monthly group offers a safe space where caregivers and family members can express their feelings, share their challenges, and learn from others who understand their situation. For more information, please contact Cassie Herrod at 570-275-6100 Ext 1612.

Crafting at The Exchange 🌸
Dementia Friendly Susquehanna Valley in partnership with The Exchange in Bloomsburg offers a monthly activity where those individuals with dementia and their care partners come and have a time filled with good conversation and a simple art activity. However, this is less about the art activity and more about spending time together in a safe and inclusive environment while enjoying each other's company. When at the Exchange, individuals will also have the opportunity to explore and enjoy the art gallery display which themes change monthly. We meet on the second Wednesday of each month at 1:30 PM. Please contact Elaine Spicher at 570-784-5211 for more information.

		
Bloomsburg Public Library	The Exchange	Kreisher Marshall and Associates, LLC
225 Market Street Bloomsburg, PA 17815	24 E Main St, Bloomsburg, PA 17815	401 Market Street Bloomsburg, PA 17815

		
Maria Joseph Manor	Shiloh Bible Church	Turkey Hill Brewing Co.
Meadows Clubhouse 77 Tower View Circle #11 Danville, PA 17821	123 Church St, Bloomsburg, PA 17815	991 Central Rd, Bloomsburg, PA 17815